

# Holy Redeemer by the Sea Catholic Parish

*Staffed by the Oblates of St. Francis de Sales*

February 7, 2021

*We are a diverse Catholic Community that welcomes our visitors, serves all God's Children, and gathers to worship with our Faith Community.*

## Welcome to Holy Redeemer by the Sea Parish Liturgy Schedule

Holy Redeemer by the Sea - Kitty Hawk (HR)  
301 W. Kitty Hawk Road  
Kitty Hawk, NC 27949

### Saturday

Confession 4:00 pm - 4:30 pm

Mass 5:00 pm

Sunday 9:00 am

(Inside worshippers limited to 225 & Inside Face Coverings Mandated)

Holy Trinity by the Sea Chapel - Nags Head (HT)  
Milepost 16 at the Intersection of 12 & 158

Saturday Mass 7:30 pm (*Bilingual*)

Sunday Mass 11:00 am  
(Inside worshippers limited to 60 & Inside Face Coverings Mandated)

All weekend Masses will be audio broadcast outside the Church for the overflow assembly. Communion will be distributed both inside and outside the building. (More information on page 8 of the bulletin.)

### Weekday Masses

Weekday Masses are celebrated at Holy Redeemer by the Sea Kitty Hawk at 9:00 am.

### Confessions

Holy Redeemer by the Sea only  
Saturday, 4:00 PM - 4:30 PM

Monday and Tuesday

10:30 AM—11:30 AM, by appointment (call the office at 252-261-4700)

*As stated by Bishop Zarama, Diocese of Raleigh, all of the faithful continue to be dispensed from their Sunday obligation. While this dispensation is applicable to all, the elderly, those sick, those with pre-existing health conditions or other vulnerable people should especially continue to stay at home.*

HOLY REDEEMER BY THE SEA  
CATHOLIC CHURCH



(252) 261-4700

CONTACT INFORMATION

(252)-261-1405 fax

Emergencies/Emergencias:  
(252) 261-4700 x 215

Parish Office hours: Monday - Friday  
10am - 12pm

Email:

[contact@obxcatholicparish.org](mailto:contact@obxcatholicparish.org)

<https://www.facebook.com/OBXCatholic.Parish/>

[OBXCatholic.Parish/](https://www.facebook.com/OBXCatholic.Parish/)



HOLY TRINITY BY THE SEA  
CATHOLIC CHAPEL



[www.obxcatholicparish.org](http://www.obxcatholicparish.org)

## Parish Administration & Support

<b>Pastor/Parroco:</b>	Rev. Dr. William F. Walsh, ofss
<b>Parochial Vicar:</b>	Rev. John A. Hanley, ofss
<b>Deacons:</b>	Al Hallatt Wil Hollowell
<b>Business Manager:</b>	Tim Gregory
<b>Executive Assistant:</b>	Val Cummings
<b>Financial Assistant:</b>	Jane Parker
<b>Bulletin Editor:</b>	Marian Sciacchitano
<b>Admin. Assistant:</b>	Carol Gorman Patti Hess
<b>Director, Religious Education:</b>	Kerri Engley
<b>Consultant, Religious Education:</b>	Grace Ghirardi
<b>Director, Youth Activities:</b>	Connie Quattlebaum
<b>Music:</b>	John Buford, Kim Kalman
<b>Building Council Chair:</b>	Bill Farrell
<b>Finance Council Chair:</b>	Boyd Tolman
<b>Liturgical Council Chair:</b>	Jane Parker
<b>Pastoral Council Chair:</b>	Kris Felthousen
<b>Stewardship Council Chair:</b>	Frank & Marian Sciacchitano

### Sacraments / Sacramentos

Sacrament of Reconciliation/Sacramento de la Reconciliación:  
Holy Redeemer — Saturday, 4:00 pm or by appointment  
4:00 los sábados, Santo Redentor

### Ministry to the Sick

We are grateful to know if there is a person you feel should be on our bulletin prayer list, or who would benefit by a visit from a Eucharistic Minister or anointing by a priest. Please ask the individual to call our office @ (252) 261-4700 with that request, or, if he or she is unable to call, please ask the next of kin or an immediate family member to contact us. In emergencies, when our parish office is closed, please call @ (252) 261-4700 x 215.

### Ministerio para los Enfermos

Estamos agradecidos de saber si hay una persona que usted siente que debe estar en nuestra lista de Oración de Boletines, o quién se beneficiaría con la visita de un Ministro Eucarístico o la unción de un Sacerdote. Por favor advise al individuo que llame a nuestra oficina @ (252) 261-4700 con esa solicitud, o, si él o ella esta incapaz de llamar, por favor pregunte a los familiares o una familia inmediata para contactarnos. En las emergencias, cuando nuestra Oficina Parroquial esta cerrado, por favor llame a través de @ (252) 261-4700 x 215.

### For All Other Sacraments

Please call the Parish Sacramental Coordinator, Val Cummings, at 252-261-4700 or hlyrdmrwed@aol.com for information regarding all other Sacramental Programs.

### Para todos los demás Sacramentos

Por favor llame al Coordinadora Sacramental Parroquial, Val Cummings, @ 252-261-4700 o hlyrdmrwed@aol.com para obtener información sobre todos los demás Programas Sacramentales.

**With the exception of the Anointing of the Sick and Graveside services, all Sacraments, Liturgies and other para-Liturgies take place inside the Church/Chapel Building.**



**Mailing Address:**  
P.O. Box 510  
Kitty Hawk, NC 27949-0510

## FEAST OF FAITH

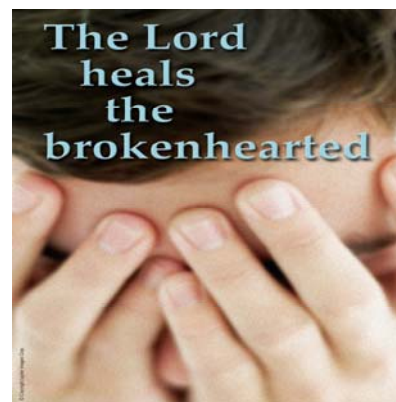
### The Gloria (1)

The Gloria, or Glory to God, follows the penitential rite. Both are acts of praise. In the penitential rite, we sing of the mercy of Christ. In the Gloria we praise God's saving action in the universe.

The Gloria is a relatively late addition to the Mass. It first appeared in the Roman liturgy in the sixth century, and then it was sung only by the pope—and only on Christmas! With time, the hymn came to be sung by bishops on major feasts, and then by priests; finally, it became the song of the entire assembly. With the advent of more elaborate musical settings, the people gradually stopped singing the Gloria, until this song of the people became the exclusive domain of the priest and the choir. But the liturgical reforms have restored it to its place as primarily the song of the assembly.

The language of the Gloria echoes the New Testament canticles. It may be begun by the priest, the cantor, and the entire assembly in varied combinations. The Gloria is sometimes called the “greater doxology,” and in some ways it is like an extended, ecstatic version of the familiar doxology (“Glory be to the Father”) prayed in the Divine Office and the rosary.

—Corinna Laughlin, Copyright © J. S. Paluch Co.



## SAINTS AND SPECIAL OBSERVANCES

- Sunday: Fifth Sunday in Ordinary Time; World Day for Consecrated Life; Scout Sunday
- Monday: St. Jerome Emiliani; St. Josephine Bakhita; International Day of Prayer and Awareness Against Human Trafficking
- Wednesday: St. Scholastica
- Thursday: Our Lady of Lourdes; World Day of the Sick
- Friday: Abraham Lincoln's Birthday
- Saturday: Blessed Virgin Mary

## Faith Development

### Faith Formation Program 2020/2021

#### Registration Forms are Due!

You should have received a Faith Formation registration form via email. If you did not receive one, email me or contact the parish office 252.261.4700. **Please return the completed form ASAP.** I know this is a quick turnaround, however we would like our Faith Formation classes in full swing by this weekend. Thank you for your patience and for being part of our 2020/2021 Faith Formation program. If you have any further questions or concerns, please contact me at (703) 304.3683 or [kbengley@gmail.com](mailto:kbengley@gmail.com)

Kerri Engley, Director, Faith Formation

EVERY SUNDAY NIGHT AT 8:00 PM  
THOUSANDS OF CATHOLIC TEENS  
GATHER ONLINE FOR  
PROJECT YOUTH MINISTRY LIVE  
JOIN US AT: [HTTPS://PROJECTYM.COM/](https://projectym.com/)

### Leadership Resources for Family Formation

Catechetical Leadership: On Family Faith Formation in the Parish at <https://douglasbeaumont.com/2019/01/08/on-family-faith-formation-in-the-parish/>

Pop-Up Catechesis with Joe Paprocki: Helping Parents with Faith Formation at Home at [catechistsjourney.lojolapress.com/2020/08/helping-parents-with-faith-formation-at-home/](http://catechistsjourney.lojolapress.com/2020/08/helping-parents-with-faith-formation-at-home/)

Family Retreat for First Communion Preparation at [www.twentythirdpublications.com/wegatonefare.html](http://www.twentythirdpublications.com/wegatonefare.html)

**World Day for Consecrated Life** will be celebrated in the Church on Tuesday, February 2, 2021 and in parishes over the weekend of February 6-7, 2021. Please pray for all those who have made commitments in the consecrated life, and be sure to thank them on their special day. May they continue to be inspired by Jesus Christ and respond generously to God's gift of their vocation.

### Low Gluten Hosts Available

We have low gluten hosts available for Communion at all Masses. If you need a low gluten host, please make the request to one of our Eucharist Ministers before Mass.

***Welcome to our visitors.  
We are glad you could join us.***

## Mass Intentions

### Holy Redeemer by the Sea Catholic Parish

#### Monday — February 8, 2021

9:00 am Mass for † Dan Hurley at HR

#### Tuesday — February 9, 2021

9:00 am Mass for † Nancy MacInnis at HR

#### Wednesday — February 10, 2021

9:00 am Mass for David Nadolny  
(1st Birthday) at HR

10:30 am Parish Office closed (staff meeting)

#### Thursday — February 11, 2021

9:00 am Mass for Priests of the Diocese of Raleigh, Living and Deceased, at HR

#### Friday — February 12, 2021

9:00 am Mass for † Suzi Harman at HR

#### Saturday — February 13, 2021

4:00 pm Sacrament of Reconciliation at HR

5:00 pm Mass for † David Moody at HR  
Celebrant: Fr. John Hanley, osfs

7:30 pm Mass for the People of the Parish  
(Living and Deceased) (Bilingual) at HT  
Celebrant: Fr. Bill Walsh, osfs

#### Sunday — February 14, 2021

9:00 am Mass for † Gino Oresti at HR  
Celebrant: Fr. Bill Walsh, osfs

11:00 am Mass for † Brian Patrick Marshall  
at HT  
Celebrant: Fr. John Hanley, osfs

3:00 pm Divine Mercy at HR



*The Sanctuary Candle burns this week in memory of **Gino Oresti** and the Gospel Candle burns this week in memory of **Dan Hurley**.*

### Healing Mass

The next Healing Mass, where the Sacrament of the Sick is administered, will be celebrated **Wednesday, March 3, 2021** at Holy Redeemer.

### Divine Mercy Devotion

Everyone is invited to participate in the Divine Mercy Chaplet prayer at Holy Redeemer on Sundays at 3:00 pm. Those who participate in this devotion have experienced the power of prayer and God's Mercy. Please contact Marcy Martin at 252.261.7946 if you would like us to pray for a loved one or you wish to have a Special Intention included in the Intentions Journal. If you would like to pray the Divine Mercy at home, please visit: [www.thedivinemercy.org/message/devotions/pray-the-chaplet](http://www.thedivinemercy.org/message/devotions/pray-the-chaplet)

## Stewardship - A Way of Life

### Reflecting on God's Word

Sue loves to iron clothes. In the process, she says, she also irons out her life, all its wrinkles and creases. She says she can stand neither her clothes nor her life when they're all rumpled. John runs every day. A lot of folks do. He hasn't missed a day in five years. But it's also where he and they pace out the rhythms of their lives. More than one frazzled mother has locked herself in the bathroom for twenty minutes of solitude and quasi-peace. Sometimes deserts look like bathrooms. Even teenagers know the need, so they crank up some tunes, stretch out on their beds, and listen beyond the music to the melodies played upon their lives.

I suspect there is a lot going on in those spaces. That's where kids get raised and loves get sorted and businesses are merged and decisions unraveled and re-raveled. But somewhere in the midst of it all we also make some decisions about who and what we want to become in this life—at any age. That's where goodness has a chance to surface and values are affirmed and commitments are remade for the umpteenth time and faith sprouts forth. And then it becomes prayer, out of the silence and the stillness and the darkness of time spent alone.

—Rev. Joseph J. Juknialis

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**Please pray for the sick** especially Michael & Helene Schaefer, Tom DeSocio, Audrey Meekins, Kim Dixon, Sean Roller, Debbie Miley, Carol Watters, Stephen Yaciuk, Gloria Malinowski, Carol McCombs, Louann Mast, Fran Montgomery, John & Brenda Hughes, Pete Godbey, George Kowal, Anna Mae Rosendale, Dayna DeNolfi, Tricia Lawrenson, Patricia Maier, Carol Meekins, Russ Whaley, Angela Wamp, Jane Trout, Patti Brown, Bonna Meadows, Gail Higgins, Makenna Day, Liam Bane, Victoria Hively, Vanessa McLane, Kevin McGrath, John Lutolf, Angela Conforti, Nessa Vayette, Megan Vayette, Marilyn Canning, Barbara Creef Preiser, Linda Foster, John Hughes, Dick Staib, Neil Bane, Kaelin Funaiock, Mary Doyle, John Walsh, Nick Parisi, Agnes Lilly, Carol Facci, Lee Baronet, Kenny Meekins, Emma Meekins, Dick Sulik, Tony Sawyer, Gerry Bedrin, Doris Bryant, Gloria White, Earlene Sawyer, BreeAnna Fulton, Terri Ann Risoldi, Donna Precord, Nonia Gay Jones, Luis Rodrigues, Michael Norrell, Chris Pope, Denny Doyle, Maureen Anderson, Alicia McDonnell. *Names will be kept on the prayer list for 1 month from the time they are requested.*

**Holy Redeemer by the Sea Catholic Parish welcomes Jack Mertens of Corolla** to our parish family. If you are new to the area and wish to register, forms may be obtained from the bulletin board in the Parish Gathering Space or from the parish office. You may register on our website: [www.obxcatholicparish.org](http://www.obxcatholicparish.org).

La Parroquia Católica de Santo Redentor les da la bienvenida a los nuevos miembros de nuestra familia parroquial. Las inscripciones se encuentran en la parte de atrás de la iglesia.

### THE GOOD NEWS

Today's readings begin with a few verses from the book of Job. First, Job complains that his nights drag on endlessly. Then, worse yet, "My days are swifter than a weaver's shuttle; / they come to an end without hope" (Job 7:6). Not exactly encouraging, these lamentations, not when taken alone.

Most of us have been there, though, and the antidote is the "good news" that Paul found so compelling that "an obligation has been imposed on me, and woe to me if I do not preach it!" (1 Corinthians 9:16). Paul felt driven to announce the gospel to as many people as possible, "to save at least some" (9:22).

This good news is the mystery of the life, death, and resurrection of Jesus Christ, who lifted Simon Peter's mother-in-law from her sickbed with a mere touch of his hand. "The whole town was gathered at the door. He cured many who were sick with various diseases, and he drove out many demons" (Mark 1:33-34)). Our woes and demons are as real as Job's, and Jesus is our savior.

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**We encourage you to sign up or continue your regular offertory online at: <https://www.osvonlinegiving.com/1312> or mail your offertory envelopes [checks only] to:**

**Holy Redeemer by the Sea Church  
P.O. Box 510  
Kitty Hawk, NC 27949-0510**

**Thank you.**

### Living God's Word

After his time spent alone, Jesus was very certain of his purpose. We, too, can be more aware of God's purpose for us if we but make the time to listen.

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**Please contact the parish office, (252) 261-4700, if you would like to receive your 2020 contribution statement. Please allow 3 days lead time. Thank you.**

**Please Patronize our Advertisers!**



We wish to extend to you a personal invitation to the 2021 Catholic Estate Planning Webinar, hosted by The Foundation of the Roman Catholic Diocese of Raleigh. To RSVP, please visit us at **Estate Planning Webinar - February 9, 2021 - The Foundation of the Roman Catholic Diocese of Raleigh (foundationdor.org)**. If you have specific questions, please contact Arleane McKiver, 919-568-1065 or [arleane@FoundationDOR.org](mailto:arleane@FoundationDOR.org)

*This is a free seminar and no solicitations will be made.*

### 2021 Bishop's Annual Appeal Charity

The 2021 Bishop's Annual Appeal funds many ministries in the areas of charity, evangelization and worship. The greatest area that your donations are used is through charity to those in most need. The Bishop's Annual Appeal supports funding for Catholic Charities. Last year alone, they served nearly 58,000 individuals. In addition to food, clothing, and housing, Catholic Charities provides baby supplies, adoption assistance and immigration services. Donations assist couples preparing for marriage and our senior pharmacy program. Overall, the Bishop's Annual Appeal will provide over \$7 million in the upcoming year to help those in physical and spiritual need. You are invited to learn more by visiting [GivetoBAA.org](http://GivetoBAA.org). Thank you for your participation.

### Creative Choices Pregnancy Resource

**Center:** The Creative Choices Pregnancy Resource Center's (CCPRC) mission is to support women in our local community with educational and material assistance during a pregnancy. For more information about the Creative Choices Pregnancy Resource Center needs, please visit: <http://creativechoicesprc.com/>

**Help Wanted:** The Creative Choices Thrift Store is in need of volunteers. Applications can be picked up at the Creative Choices Pregnancy Resource Center Monday through Friday from 10:00 am — 2:00 pm at 4711 S. Croatan Hwy, Nags Head.

**Please Note:** The thrift store has moved directly across the street from Holy Trinity in Nags Head.

### ATTENTION

#### 2021 College Bound High School Graduates

Fr Klaus Association presents (2) \$1000 scholarships to deserving Catholic students annually. To be eligible a student must be college bound and a practicing Catholic. Please submit a completed Scholarship Award

Application to: Holy Redeemer by the Sea  
Catholic Parish  
ATTN: Fr Klaus Assoc.  
301 W Kitty Hawk Road  
Kitty Hawk, NC 27949

Applications are available at the parish office. Any questions please contact Mike Muller at 252.715.3510 or [mmuller703@verizon.net](mailto:mmuller703@verizon.net) Completed applications must be received by close of business on April 15, 2021.

### Knights of Columbus-Join now!

The Knights are the largest men's Catholic fraternal organization; and we are dedicated to helping our priests, parish and community. We do it to be better husbands, fathers, sons, neighbors and Catholics. The brother Knights at this council invite you to join us. For more information, please contact Tim Gregory, Grand Knight, at (252) 261.4700 or [kofc.org/joinus](http://kofc.org/joinus)

### Safe Environment Training

Tuesday, February 23, 2021

3:00 PM - 5:30 PM

This webinar is for both initial safe environment training and for renewal. The session will be just over 2 hours long with one short break. This session is best viewed on a computer screen.

Once you complete this session you will receive a certificate, which you must give to your ministry site as part of your Level C certification. Please be prompt for the session. Please register: <https://attendee.gotowebinar.com/register/3800229257375606540>

After registering, you will receive a confirmation email containing information about joining the webinar.

*Diocese of Raleigh*

### Beach Food Pantry

If you would like to leave food donations, Holy Redeemer is a drop off location. The church is open Monday through Friday, 9:00 am to 12:00 pm. Please visit the Pantry's website for additional information at [beachfoodpantry.org](http://beachfoodpantry.org) (No clothing, please)



"For all scouts and scouters who celebrate Scout Sunday on this day. May they remain faithful in doing their Duty to God and Country.

### BEGINNING AGAIN

If I were to begin life again, I would want it as it was. I would only open my eyes a little more. —Jules Renard

**READINGS FOR THE WEEK**

Monday: Gn 1:1-19; Ps 104:1-2a, 5-6, 10, 12, 24, 35c; Mk 6:53-56  
 Tuesday: Gn 1:20 — 2:4a; Ps 8:4-9; Mk 7:1-13  
 Wednesday: Gn 2:4b-9, 15-17; Ps 104:1-2a, 27-28, 29bc-30; Mk 7:14-23  
 Thursday: Gn 2:18-25; Ps 128:1-5; Mk 7:24-30  
 Friday: Gn 3:1-8; Ps 32:1-2, 5-7; Mk 7:31-37  
 Saturday: Gn 3:9-24; Ps 90:2-6, 12-13; Mk 8:1-10  
 Sunday: Lv 13:1-2, 44-46; Ps 32:1-2, 5, 11; 1 Cor 10:31 — 11:1; Mk 1:40-45

**Ministries to the Sick**

The compassion and caring of the parishioners of Holy Redeemer by the Sea for the sick and homebound are truly a work of mercy. We are grateful to know if there is a person you feel should be on our bulletin prayer list, or who would benefit from an anointing by a priest. Please ask the individual to call our office (252) 261-4700 with that request, or, if he or she is unable to call, please ask the next of kin or an immediate family member to contact us. The Sacrament of the Sick is available to all in need of healing. **PLEASE DO NOT WAIT** until death is imminent to offer your loved one this grace.

**An Act of Spiritual Communion**

My Jesus,  
 I believe that You  
 are present in the Most Holy Sacrament.  
 I love You above all things,  
 and I desire to receive You into my soul.  
 Since I cannot at this moment  
 receive You sacramentally,  
 come at least spiritually into my heart. I embrace  
 You as if You were already there and unite myself  
 wholly to You. Never permit me to be separated  
 from You. Amen.

St. Alphonsus Liguori  
<https://dioceseofraleigh.org/coronavirus>

**Oblates of St. Francis de Sales  
 Mass & Spiritual Enrollment Cards**

You can now purchase Mass Cards or Spiritual Enrollment Cards online! Visit <http://www.dsaenrollment.com>. There are Mass Cards available for living and deceased individuals and Spiritual Enrollment cards for a variety of occasions. Share the beauty of the Eucharist by honoring a loved one with a Mass Card or Spiritual Enrollment Card.

**Fifth Sunday in Ordinary Time  
 February 7, 2021**

The LORD tells the number of the stars  
 and calls them by name.  
 — *Psalm 147:4*

**\*\* Diocese of Raleigh Parishes  
 Online Masses**

Below are some links to online Masses and prayers:

**Holy Redeemer by the Sea - On YouTube, Sunday, 9:00 a.m.**  
**St. Mary Magdalene, Apex – On YouTube, Sunday, 10:45 a.m.**  
**St. Anthony of Padua, Southern Pines – On Facebook, Monday-Thursday, 12:00 p.m.**  
**St. Michael The Archangel, Cary – On Livestream: Daily Mass, 8:30 a.m. and Sunday Mass, 10:30 a.m.**  
**Duke Catholic Center – On YouTube, Sunday, 11:00 a.m.**  
**St. Ann, Clayton – On YouTube, Sunday, 11:00 a.m. and 7:00 p.m.**  
**Our Lady of Lourdes, Raleigh - Homilies only**  
**St. Francis of Assisi, Raleigh - On Facebook, Sunday, 9:30 a.m.**  
**Immaculate Conception, Durham - On Facebook, Sunday, 9:30 a.m.**  
**St. Thomas More, Chapel Hill - On Facebook, Daily Mass, Wednesday, 12:15 a.m.**  
**St. Raphael the Archangel, Raleigh - On Facebook, Sunday, 9:30 a.m.**  
**St. Charles, Ahoski - On Facebook, Sunday, 11:00 a.m.**  
**St. Raphael the Archangel, Raleigh, en Facebook, Domingo a las 2:00 p.m.**  
**St. Ann Clayton, en YouTube, Sábado a las 7 p.m.**  
**Immaculate Conception, Durham - En Facebook, Domingo a las 10:30 a.m.**  
**St. Thomas More, Chapel Hill - en Facebook, Misa diaria, Jueves a las 6:00 p.m.; Misa dominical a las 1:30 p.m.**  
**St. Michael the Archangel, Cary - en Livestream, Domingo a las 2:15 p.m.**  
**St. Charles, Ahoski - en Facebook, Sábado a las 7:00 p.m.**  
**Catholic TV Domingo a las 8:00 a.m.; 5:30 p.m. y 10:00 p.m.**  
**EWTN Domingo a las 8:00 a.m. y 4:00 p.m.**  
 Por favor continúe orando por las personas que han sido afectadas por el virus: los enfermos, los profesionales de la salud y de la salud pública que se ocupan de los enfermos y trabajan para contener el virus, los afectados económicamente y todos nosotros mientras lidiamos con esta situación.

**\*\* All information was accurate at the time of publication but is subject to change.  
 Please check local listings.**

**Bulletin Notices:** Please email your information to Marian Sciacchitano at [sciacch@yahoo.com](mailto:sciacch@yahoo.com). Deadline for the bulletin is **noon** Wednesday of the previous week.



OBLATES OF ST. FRANCIS DE SALES  
Wilmington-Philadelphia Province

## ***DeSales Spirituality Services*** ***Salesian Sunday Reflection***

### **Fifth Sunday in Ordinary Time** **February 7, 2021**

Today's Gospel tells us that amid busyness, even Jesus saw a need to find a quiet place to pray. St. Francis de Sales also stresses the importance of practicing mental prayer amid our worldly activities, and gives us a short simple method:

I especially counsel you to practice the prayer of the heart. Set aside some time each day, if possible, early in the morning, when your mind is less distracted and fresher after the night's rest. Place yourself in God's presence. Remember that God is present in a most particular way in your heart and in the very center of your spirit. Do not hurry along and say many things but try to speak from your heart. A single Our Father said with feeling has greater value than many said quickly and hurriedly. Do not be concerned about finishing the vocal prayer you intended to say. By often turning your eyes on Jesus in meditation, your whole being will be filled with him. You will learn his ways and form your actions after the pattern of his.

From your meditation gather a few thoughts that you liked best and are most adapted for your improvement. During the day frequently think of them. Make resolutions for your own correction. On that same day, we must try to carefully practice them and to seek occasions, small or great, to do so. Since prayer places our mind in the brilliance of God's light and exposes our ability to make choices to the warmth of God's heavenly love, nothing else so effectively purifies our mind of ignorance and our will of disordered affections. Meditation makes the plants of our good desires grow green and flourish and quenches the disordered passions in our hearts. By keeping close to our Savior in meditation and observing his words, actions and affections, we learn by his grace to speak, act, and will like him.

(St. Francis de Sales, Introduction to a Devout Life)

## Proclaim the Good News! \*

We are pleased to welcome you into the Church and Chapel buildings to celebrate Mass together. Our weekend Liturgies will follow the offseason schedule: Saturday 5:00 PM @ Holy Redeemer, 7:30 PM @ Holy Trinity (Bilingual) and Sunday 9:00 AM @ Holy Redeemer and 11:00 AM @ Holy Trinity. **The following precautions will be in place:**

- **Attendance limited to 225** inside Holy Redeemer and 60 inside Holy Trinity. Admittance will be on a first come, first served basis. The audio Mass will continue to be broadcast outside of the building for those who do not wish to enter or do not have a mask. **We will continue to livestream the 9:00 AM Mass as long as we have the resources to do so.**
  - **Entry will be through** one attended front door only; exit will be through the rear doors.
  - **ALL inside attendees MUST** wear a face covering over the nose and mouth. This is for the protection of the entire worshipping community in the event that someone present tests positive at a later date.
  - **Seating will be permitted in EVERY OTHER ROW.** Within each row, parties are asked to social distance at least 6 feet apart.
  - **In order to minimize the time** we are seated indoors, Mass will be celebrated in an abbreviated form, with limited singing. There will be no hymnals or prayer cards available. Here is a link to a website with the Order of the Mass, should you wish to access it on your phone or print it in whole or in part for your personal use.  
<https://www.universalis.com/static/mass/orderofmass.htm>
- Please take any printed materials you bring away with you.**
- There will be no Collection or Offertory Procession. If you wish to make a donation, please place your offertory in the designated receptacles.
  - Communion will be distributed as host only after the final blessing both inside and outside of the building. After receiving Communion (in your hand only, please) depart the building through the designated doors.
  - The restrooms will be available, with sufficient supplies for handwashing.
  - The building will be sanitized using an approved disinfectant, and the restrooms cleaned and sanitized after each Mass. You are encouraged to bring your own hand sanitizer for personal use as needed.
  - Weekday Masses have resumed. All Weekday Masses will take place at Holy Redeemer by the Sea in Kitty Hawk at 9:00 AM, Monday through Friday. Since our Bishop has dispensed us from the obligation to attend weekend Mass, some may find attendance at weekday Mass more feasible.

### **However, keep this in mind:**

*As stated by Bishop Zarama, Diocese of Raleigh, all of the faithful continue to be dispensed from their Sunday obligation. While this dispensation is applicable to all, the elderly, those sick, those with pre-existing health conditions or other vulnerable people should especially continue to stay at home.*

\* Accurate at the time of printing.



## HUNDREDS MARCH FOR LIFE



**RALEIGH - Hundreds gathered to celebrate and bear witness to the gift of life Jan. 16. Events included the diocesan Mass for Life at Holy Name of Jesus Cathedral, as well as a rally and N.C. March for Life.**

**During his homily at Mass, Bishop Luis Rafael Zarama asked those present to pause and look into their hearts and see if they are bearing witness to the sanctity of life by expressing their genuine compassion and joy in their own life and the lives of their neighbors.**

**“When we celebrate and partake in this Mass for Life, we are celebrating life at its beginning, end and everything in between. Until the Lord calls us home at the end of our lives, we must ask ourselves, ‘How are we taking care of the beautiful gift of life that God gave us?’” he said. “God challenges us through his word to look into our hearts, see how it has touched our lives and then spread his light into the world so that we can touch others.”**

**"Abortions happen when people don't see hope in their lives," Bishop Luis said. "How can we change that? Who can change that? We can, but only by living out the Gospel message in our lives, sharing our witness to life, and expressing our love for our neighbors." Diocese of Raleigh**

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# One Family in Christ

**WHO PRAYS, SERVES & SHARES**

**IN EASTERN NORTH CAROLINA**

**STEWARDSHIP PRAYER BAA 2021**

Gracious and loving God,  
we come before You with confidence as Your children.

You know our hearts:

how much we love You and desire to serve You.

Thank You for Your bountiful gifts.

Even in times of difficulty and unrest,

You never abandon us

or cease providing us with all that we need.

Our parish turns to Your loving embrace,

and in gratitude, we extend that embrace

to those who are in need, both physically and spiritually.

May all who seek You, see Your image in us.

We are one family in Christ, Your Son.

And just as the child offered five loaves and

two fish to Him, and He fed the multitudes,

we offer all that we are and all that we have to You,

so our Church may hasten the coming

of Your Kingdom in our community.

May Your Will be done in eastern North Carolina.

We ask this through Christ our Lord,

**Amen.**

*Written by a priest from the Diocese of Raleigh*

## Message Page

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