

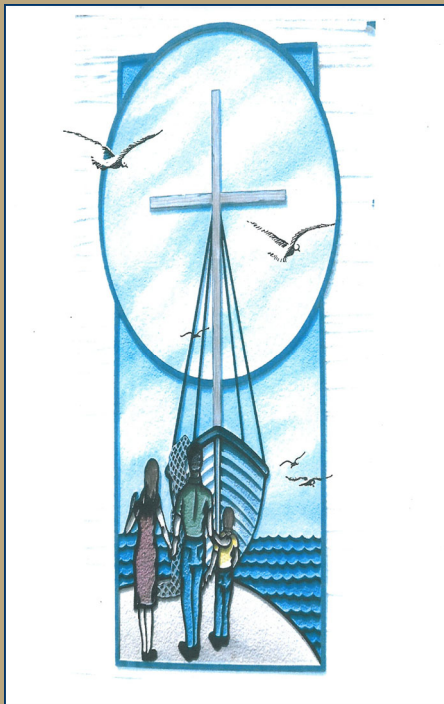
Holy Redeemer by the Sea Catholic Parish

Staffed by the Oblates of St. Francis de Sales

We are a diverse Catholic Community that welcomes our visitors, serves all God's Children, and gathers to worship with our Faith Community.

WEEKLY BULLETIN

February 28, 2016



Parish Artist Glenn Eure

Liturgy Schedule

Holy Redeemer by the Sea - Kitty Hawk
301 W. Kitty Hawk Road
Kitty Hawk, NC 27949

Saturday	
Confession	4:00 pm
Mass	5:00 pm
Sunday	9:00 am

Holy Trinity by the Sea Chapel - Nags Head
Milepost 16 at the Intersection of 12 & 158

Saturday	7:30 pm (Bilingual)
Sunday	11:00 am

YEAR ROUND

Holy Redeemer by the Sea – Kitty Hawk

Monday - Friday:	Morning Prayer	8:45 am
	Mass/Communion Service	9:00 am
Holy Days:		7:30 pm Bilingual Vigil at HT
		9:00 am & 6:00 pm at HR
Healing Mass - 1 st Wednesday:		9:00 am
Adoration - 1 st Friday:		9:30 - 11:00 am

CALENDARIO ANUAL

Lunes - Viernes:	8:45 am Oración de la Mañana, Santísimo Redentor
	9:00 am Misa/celebración de la Palabra, Santísimo Redentor
Días Santos:	7:30 pm Misa de la Vigilia (Bilingüe) en la Santísimo Trinidad
Misa del día:	9:00 am y 6:00 pm en Santísimo Redentor
Primer viernes de mes:	9:30 am—11:00 am Adoración, Santísimo Redentor

HOLY REDEEMER BY THE SEA CATHOLIC CHURCH



CONTACT INFORMATION

(252) 261-4700 office
Emergencies/Emergencias:
(252) 261-4700 x 215
Parish Office : 9am - 4pm, Mon - Fri
www.obxcatholicparish.org
 **OBX Catholic Parish–Holy Redeemer**
@catholicparish

HOLY TRINITY BY THE SEA CATHOLIC CHAPEL





Holy Redeemer by the Sea Catholic Church

301 W. Kitty Hawk Road
Kitty Hawk, NC 27949
(Milepost 4.2)



Holy Trinity by the Sea Catholic Chapel

Intersection of 12 & 158
Nags Head, NC 27959
(Milepost 16)

Contact Information

Mailing Address: P.O. Box 510
Kitty Hawk, NC 27949-0510
(252) 261-4700 office 252-261-1405 fax
Emergencies/Emergencias (252) 261-4700 x 215

Parish Administration & Support

Pastor/Parroco:	Rev. Dr. William F. Walsh, osfs
Business Manager:	Tim Gregory
Executive Assistant:	Val Cummings
Financial Assistant:	Jane Parker
Admin Assistants:	Marian Sciacchitano Patti (Colby) Hess
Music:	John Buford, Kim Kalman
Director, Religious Education:	Grace Ghirardi
Director, Youth Activities:	Emily DiNoto

Building Council Chair:	Bill Farrell
Finance Council Chair:	Jon O'Neil
Liturgical Council Chair:	Jane Parker
Pastoral Council Chair:	Kris Felthousen
Stewardship Council Chair:	Frank & Marian Sciacchitano

Pastor Emeritus, Diocese of Richmond:	Rev. John Dorgan
Deacon Emeritus, Diocese of Wheeling/Charleston, WV:	Donald Wobser

Sacraments / Sacramentos

Sacrament of Reconciliation/Sacramento de la Reconciliación:

Holy Redeemer — Saturday 4:00 pm
and by appointment
4:00 los sábados, Santísima Redentor

Ministry to the Sick/Ministerio para los enfermos:

We are grateful to know if there is a person you feel should be on our bulletin prayer list, or who would benefit by a visit from a Eucharistic Minister or anointing by a priest. Please ask the individual to call our office (252) 261-4700 with that request, or, if he or she is unable to call, please ask the next of kin or an immediate family member to contact us. In emergencies, when our parish office is closed, please call via (252) 261-4700 x 215.

Por favor llama a la oficina para notificar de la enfermedad u hospitalización de un miembro de su familia, amigo o conocido. En caso de que no pueda comunicarse a la oficina llame al localizador de emergencia.

For All Other Sacraments/Sacramentos

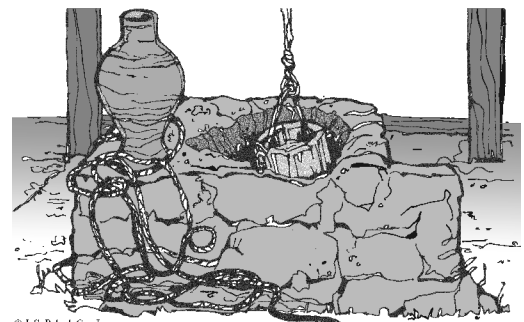
Please call the Parish Sacramental Coordinator, Val Cummings, @ 252-261-4700 or hlyrdmrwed@aol.com for information regarding all other sacramental programs. *Por favor llama a coordinador del Sacramento de la parroquia, Val Cummings, @ 252-261-4700 para la información con respecto a el resto de los programas sacramentales.*

TREASURES FROM OUR TRADITION

Ash Wednesday is not observed by Eastern Christians, perhaps because, at least in Orthodox practice, weekdays are not proper days for the Divine Liturgy. Typically, "Great Lent" has a bit of a prelude. On "Meatfare Sunday" the faithful have their last chance to eat meat for the entire period of Great Lent. A week later, "Cheesefare Sunday" has dairy on the menu for the last time until *Pascha* (Easter). At twilight on Cheesefare Sunday, officially called "Sunday of Forgiveness," the church gathers for "Forgiveness Vespers." The faithful identify with Adam and Eve, forgiving one another in order to experience God's forgiveness. The desire to set aside all bitterness, and to achieve harmony and reconciliation in the family and with one's neighbors gives a remarkable energy to the transition into the days of penitence. At the end of the vespers liturgy, the décor of the church is changed to reflect the new season.

How is your Lenten fast going? Imagine the Eastern tradition. No meat, no fish, no dairy, no wine or oil. Some traditions permit vegetable oil; everyone goes without olive oil. Happily, strict fasting is not permitted on the Sabbath or the Lord's Day, so on Saturday and Sunday the fast is somewhat mitigated, and wine and oil are allowed. If the Feast of the Annunciation falls during Great Lent, then fish may be served.

—Rev. James Field, Copyright © J. S. Paluch Co.



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SAINTS AND SPECIAL OBSERVANCES

Sunday:	Third Sunday of Lent
Thursday:	St. Katharine Drexel
Friday:	St. Casimir
	World Day of Prayer
	First Friday; Abstinence
Saturday:	First Saturday

Faith Development

Faith Formation

Good Shepherd classes for rising kindergarten and kindergarten age children begin on March 6th. If you have not registered your child, please do so as soon as possible. If you are interested in being part of our Faith Formation program, we can always use help on many levels. If you have any questions, please contact Grace Ghirardi at 261-4700, x 207. *"Bless the Lord, my soul! All my being bless His holy name."* (Psalm 103:1)

Children's Liturgy of the Word

Our Children's Liturgy of the Word program takes place during the Sunday 9:00 am Mass. If you are interested in helping or have questions, please contact Elisabeth (Piff) Silverthorne at Elisabeth@dareeducationfoundation.org or 252.255.5545. **Note:** Our Children's Liturgy of the Word follows the same dates as Faith Formation.



High School Youth Group

Our High School Youth Group meets regularly, unless notified, on **Wednesdays from 6:30-7:30 pm in the parish hall** and is open to 9th – 12th graders. This is a time for high school aged students to pray and share in community with one another. For more information please contact Emily DiNoto, Director of Youth Activities, at emdinoto@gmail.com.

Mark Your Calendars for our Second Annual Gathering of Faith Formation, Youth Ministry, and Adult Formation Leaders on **April 20, 2016** at 9:30 am in the Fallon Center at Our Lady of Lourdes, 2718 Overbrook Dr, Raleigh, NC 27608. We'll be gathering for a morning presentations by Aimee Viana, our new head of the Secretariat for Lay Formation, Marriage and Family Life, and Sr. Anne Heath, MSW from the Cary Catholic Charities office. Following lunch there will be afternoon discussions. To register, please email Diane Quintal at diane.quintal@raldioc.org with your name, your parish name, position, and contact information.

Divine Mercy Devotion for "Jubilee Year of Mercy" - Pope Francis states, "Please consider frequently praying the Divine Mercy Chaplethow important it is for us to echo the words of St. Faustina: 'Jesus, I trust in you'." We are so blessed to have the Divine Mercy Devotion every Sunday afternoon at Holy Redeemer by the Sea Church at 3 PM. Everyone is invited to come and say this brief, but powerful Chaplet prayer. Those who participate in this devotion have experienced the power of prayer and of God's Mercy. If you would like us to pray for a loved one, please contact Don Wobser at 252-255-0641.

Daily Schedule and Mass Intentions Holy Redeemer by the Sea Catholic Church

Monday — February 29

- 8:45 am Morning Prayer
- 9:00 am Communion Service at HR

Tuesday — March 1

- 8:45 am Morning Prayer
- 9:00 am Communion Service at HR
- 10:00 am Crafty Ladies

Wednesday — March 2 (Healing Mass)

- 8:45 am Morning Prayer
- 9:00 am Mass for † Victor Reilly at HR
- 9:45 am Little Rock Scripture
- 10:30 am Parish office closed until 12:30 pm (staff meeting)
- 3:00 pm EM Training at HR
- 6:30 pm Youth Group at HR

Thursday — March 3

- 8:45 am Morning Prayer
- 9:00 am Mass for † Pro Porvaznik at HR
- 5:15 pm RCIA
- 6:30 pm Choir
- 7:00 pm ESL

Friday — March 4

- 8:45 am Morning Prayer
- 9:00 am Mass for Stephanie Morland (Healing) at HR
- 3:00 pm Bingo at Peak Resources
- 6:30 pm Soup Supper at HR

Saturday — March 5

- 4:00 pm Sacrament of Reconciliation at HR
- 5:00 pm Mass for † Donald Pokelwaldt at HR
Celebrant: Fr. John Dorgan
- 7:30 pm Mass for the People of the Parish, Bilingual (Living and Deceased) at HT
Celebrant: Fr. Bill Walsh, osfs

Sunday — March 6

- 9:00 am Mass for Kevin & Lucille McGrath (50th Wedding Anniversary) at HR
Celebrant: Fr. Bill Walsh, osfs
- 11:00 am Mass for † Jacob Truman at HT
Celebrant: Fr. John Dorgan
- 3:00 pm Divine Mercy at HR

*The Sanctuary Candle burns this week in memory of **Jean Tenda** and the Gospel Candle burns this week in memory of **Fr. Al Russell**.*

Healing Mass — The next Healing Mass, where the Sacrament of the Sick is administered, will be celebrated on **March 2, 2016** at 9:00 am at Holy Redeemer.

The Gifts We Have, We Are Given To Share

Stewardship - A Way of Life

Reflecting on God's Word

One morning in 1888, Alfred Nobel, the man who invented dynamite, picked up the morning newspaper and, to his shock, read an account of his death. The reporter had made a mistake; it was his cousin, not he, who had died.

In reading his own obituary, Alfred Nobel realized just how he would be recognized and remembered should he die. He would be the "dynamite king," a merchant of death. This so disturbed and upset Nobel that he decided to give his life a new direction. He became involved in the work of peace and justice and made it a point to ensure that money was set aside so an annual award could be given to those engaged in that important work.

So when Alfred Nobel died, his obituary made no mention of his being a merchant of death. He was hailed instead for his humanitarian deeds, especially the establishment of the Nobel Peace Prize. You could say that the mistake in 1888 gave Alfred Nobel a second chance at life. As a result, the world was awarded a wonderful legacy. —Rev. Richard Zajac
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Parish Sacrificial Giving Summary

Sunday, February 21, 2016

Offertory

\$ 6,918.00

Capital Improvement

\$ 210.50

The Second Collection next weekend is for the Catholic Relief Services Collection (formerly the American Bishops Overseas Appeal). This collection provides funding for Catholic Relief Services; the USCCB Offices of International Justice and Peace, Migration and Refugee Services, and Pastoral Care for Migrants and Refugees; relief work of the Holy Father; and the Catholic Legal Immigration Network.

Living God's Word

The Gospel today unfolds the parable of the fig tree, often described as the parable of the second chance. The owner of the vineyard wants it cut down. The vinedresser pleads that it be given a second chance. Great and wonderful results can often accompany a second chance. *Copyright © 2012, World Library Publications. All rights reserved.*

Please contact the parish office, (252) 261-4700, if you would like to receive your 2015 contribution statement. Please allow 3 days lead time. Thank you.

The Liturgical Color to wear next weekend is Rose.

Music Ministry



Kim Kalman, one of our music ministers, has released several Christian CDs which can be purchased through her website: www.kimkalman.com or by mail via PO Box 1993, Kill Devil Hills, NC 27948. CDs are \$15 plus \$3 for shipping.

Holy Redeemer by the Sea Catholic Parish welcomes new members to our parish family. If you are new to the area and wish to register, forms may be obtained from the bulletin board in the Parish Gathering Space or from the parish office. You may register on our website: www.obxcatholicparish.org.

La Parroquia Católica de Santo Redentor les da la bienvenida a los nuevos miembros de nuestra familia parroquial. Las inscripciones se encuentran en la parte de atrás de la iglesia.

Third Sunday of Lent

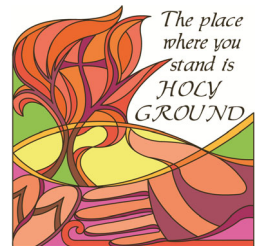
February 28, 2016

Merciful and gracious is the Lord, slow to anger and abounding in kindness. — *Psalm 103:8*

Tercer Domingo de Cuaresma

28 de febrero de 2016

El Señor es compasivo y misericordioso, lento para enojarse y generoso para perdonar. — *Salmo 103 (102):8*



Holy Week and Easter Schedule

Thursday, March 24

7:00 pm — Mass of the Lord's Supper and Washing of the Feet

8:00 pm to Midnight — Eucharistic Adoration

Friday, March 25

12 pm to 3:00 pm — Church open for private devotion.

7:00 pm — Good Friday Liturgy

Saturday, March 26

12:00 pm — Blessing of Easter Food

8:00 pm — Easter Vigil at HR

Sunday, March 27 — Easter Mass at HR

7:00 am

9:00 am

11:30 am

**** Sunday, March 27 — Easter Mass at HT**

9:00 am

11:30 am

****NOTE: There is NO 7:00 am Mass at Holy Trinity on March 27, EASTER SUNDAY.**

SOCIAL CONCERNS/PEACE AND JUSTICE COORDINATING TEAM

Beach Food Pantry

If you are visiting the Outer Banks, please consider dropping off surplus food on your way home. There are baskets in the Church's Gathering Space at Holy Redeemer for food donations. The Beach Food Pantry is in need of the following items: toothpaste, toothbrushes (singles), laundry soap (30-40 oz.), bar soap, toilet paper (4 roll packages only), ketchup, mustard, salad dressings, salt & pepper shakers, healthy snacks, coffee, tea, and canned meats. We NEED paper bags. All food donations are welcome. Please do not donate out-of-date, opened, used or perishable items, as health laws do not allow us to distribute these items. For more information on the Pantry's mission and needs at

www.beachfoodpantry.org.

Please note: The Beach Food Pantry has moved to a new location: 4007 North Croatan Highway, Kitty Hawk. Hours of operation are: Monday through Friday from 2:00 p.m. – 4:00 p.m. Closed: Weekends and Holidays

Parish Nurse Tip — What will you gain when you lose? If you lose 50 pounds, you'll gain a new wardrobe, self esteem and you will feel better. Yes, your back and knees won't hurt. When you lose the tobacco addiction, you'll breathe better. Your endurance will increase. Your bank account will increase. You'll find non-smoking friends. When you lose your bad habits, you stand to gain a lot. So ask yourself that very critical question often: This year, work on losing what's hurting you and gain good health.



Save the Date: Holy Redeemer by the Sea Parish Men's Club invites you to a St. Patrick's Day Celebration on **Saturday March 12th** at 6:30 pm at Holy Redeemer by the Sea Parish Hall.

Don't Give Up Chocolate This Lent

Instead, have The Best Lent Ever. This is a free email companion to Matthew Kelly's popular new book Rediscover Jesus. (That book is available in our Gathering Space). Each day you'll receive an inspirational email with a short video featuring Matthew and a member of the Dynamic Catholic Team. Throughout Lent, they will guide you through each of the 40 Chapters of Rediscover Jesus and share simple ways to bring Jesus into your everyday life. Simply sign up at DynamicCatholic.com

PRIDE

What better proof of your pride could you have given than to claim you were not proud?

—St. John Climacus

Friday Stations of the Cross and Soup Supper

During Lent we are all invited to discover the true purpose of our beautiful Stations of the Cross as an inspiration for prayer and contemplation on the journey of Jesus to his cross, death and resurrection. Each Friday during Lent (February 12 to March 18), our faith community will gather in **Church at 6:30 pm** to prayerfully remember Christ's journey to Calvary. Immediately following the Stations, we will share a light supper of soup and bread prepared each week by a different Parish group. This supper of the poor will put us in mind of our less fortunate brothers and sisters. An offering will be taken up to help feed those whose plates are empty. **March 4 will be hosted by the Choir.**



GOT PALMS?

What to do with last year's Palms? As Palm Sunday approaches (March 20) we invite you to drop off your palms from 2015 in a box located in the Church's Gathering Space, or to the parish office. We will add them to our Easter Vigil fire on March 26. It is a fitting way to offer back to God not only those palms, but also all that you experienced since Palm Sunday 2015. You will then be connected in a special way to the new fire that will light our Easter Candle dispelling the darkness of that sacred night.

Extraordinary Ministers of Communion Training

There will be a training session for Extraordinary Ministers of Communion at Holy Redeemer by the Sea Church on **Wednesday, March 2, 2016 at 3:00 pm**. This training session is especially important for our newer EMs and those who are contemplating joining the "Extraordinary Ministers of Communion" and or "Ministers to the Sick" ministries. This training will also be a helpful refresher for those who hold current certificates from the Bishop. Our ministries are a blessing to Holy Redeemer by the Sea Parish. We thank you for your time, talent and commitment. If you have any questions or concerns, please contact me at fssbklyn@yahoo.com or (252) 261-6940. Peace, Frank Sciacchitano



Mark Your Calendar: The First Flight Lions Club will sponsor a free Eye Screening clinic on Thursday, **March 3, 2016** from 10 am to 4 pm. The screening will take place at the Lions Club, 2706 Croatan Highway, Kill Devil Hills. If you would like additional, please call the Lions Club President, Adrienne Makowski at 480-9287 or adriennemakowski@yahoo.com.

READINGS FOR THE WEEK

Monday: 2 Kgs 5:1-15ab; Ps 42:2, 3; 43:3, 4;
Lk 4:24-30

Tuesday: Dn 3:25, 34-43; Ps 25:4-5ab, 6, 7bc, 8-9;
Mt 18:21-35

Wednesday: Dt 4:1, 5-9; Ps 147:12-13, 15-16, 19-20;
Mt 5:17-19

Thursday: Jer 7:23-28; Ps 95:1-2, 6-9; Lk 11:14-23

Friday: Hos 14:2-10; Ps 81:6c-11ab, 14, 17;
Mk 12:28-34

Saturday: Hos 6:1-6; Ps 51:3-4, 18-21ab; Lk 18:9-14

Sunday: Jos 5:9a, 10-12; Ps 34:2-7; 2 Cor 5:17-21;
Lk 15:1-3, 11-32

Bishop Annual Appeal**Charity...Instruments of God's Mercy**

The 2016 Bishop's Annual Appeal funds 30 ministries in the areas of charity, evangelization and worship. The greatest area that your donations are used is through charity to those in most need. The BAA provides one-third of all funding for Catholic Charities. Last year alone, they served over 64,000 individuals; many of these multiple times in a year. In addition to food, clothing, and housing, Catholic Charities provides the education for those in need to become self-sufficient. The BAA also provides funding through parishes across the Diocese for those in physical need in our community. It assists those experiencing spousal abuse as well as seniors who cannot afford those medicines that are needed to fight diseases. Overall, the BAA will provide over \$6 million in the upcoming year to help those in physical and spiritual need. You are invited to learn more through the parish, in today's bulletin or online at BAA.DioceseOfRaleigh.org. So far our pledges total \$30,000, approximately 40% of our goal. Thank you for your participation. Val Cummings, Susan Pope and Pam Buscemi, Your BAA Co-Chairs.

**Become a Foster Parent**

Dare County is currently recruiting new foster families to provide loving homes for children coming into foster care. Foster care is intended to be temporary and placements can last anywhere from a night or two to a year or more. The first requirement is to complete the Foster Parent Class (10 weeks long) which is held twice a year at Social Services in Manteo. If you are in a 2 parent home, both parents must attend the classes. **The next class is Monday 6:00 pm to 9:00 pm beginning March 14th, 2016 and ending May 16th, 2016.** If want to sign up for the next class or be put on a list for future classes, please contact Brittany Canter, Foster Home Licensing Worker, at canterb@dcass.org or 252-475-5561

Parish Prayer List: Monica Walker, Michael Walker, Bill Wamp, Joseph Vorbach, Kenneth Martinez, Jack Thomson, Jim Neis, Chrissie Donnelly, Patrick Ruane, Liam Bane, Victoria Hively, Joe Cenneno, Leif Hansen, Colleen Pratt, Terry Reddy, David Hough, Jennifer Risoldi Hedgpeth, Marianne Chessick, Michael Rafferty, Francis Jeffcott, Margie McCombs, Mary Lou & Ray York & Family, Gloria Yarawsky, Daniel Rafferty, Tom DeSocio, Audrey Meekins, Andrew Burdette, Erin Hopkins, Lisa Hall, Lucille & Kevin McGrath, Jerry Combs, Nonia Gay Jones, Heather Greene, Mary Ann Hurd, Jim Turkelson, Susan Norrell Betts, Lore Welch, Joe Little, Agnes (Bane) Hively, Tyler Afanador, Bill Brennan, Megan Vayette, Catherine Glass, Joseph Rock, Harold & Ginny Haas, Bernadette, Kenny & Family, Elizabeth Coppedge, Karen Pattakos, Nancy Roby Joseph Walter, Sister Virginia Sposito, Kim Dixon, Carl B, Michael Lutolf. *Names will be kept on the prayer list for 1 month from the time they are requested.*

Ministries to the Sick—The compassion and caring of the parishioners of Holy Redeemer by the Sea for the sick and homebound are truly a work of mercy. We are grateful to know if there is a person you feel should be on our bulletin prayer list, or who would benefit by a visit from a Eucharistic Minister or anointing by a priest. Please ask the individual to call our office (252) 261-4700 with that request, or, if he or she is unable to call, please ask the next of kin or an immediate family member to contact us. The Sacrament of the Sick is available to all in need of healing. **PLEASE DO NOT WAIT** until death is imminent to offer your loved one this grace.

Volunteers Needed for Mano al Hermano Family Literacy Program

Mano al Hermano is Spanish for "My hand to my brother." In 2013 the nonprofit group Mano al Hermano began using volunteer tutors to help Hispanic elementary school children who need some extra instruction. We are in desperate need for more volunteer tutors for the program. Please consider joining our group of volunteers. This work changes lives! The Family Literacy Program is directed by Kay Minis. For information call 261-6160 or Ginger Candelora at director@manoalhermano.com.

Bulletin Notices: Due to the publisher's holiday printing schedule, the deadline for the **March 20 bulletin** items is **Monday, March 7** and the deadline for the **March 27 bulletin** is **March 14**. Please email Marian Sciacchitano at: mariansc@earthlink.net. Thank you.

DAMAGE — Hatred does more damage to the person in whom it is stored than to the person on whom it is poured. —Anonymous





Being Yourself...Being Authentic...

Salesian spirituality is lived from the inside out. It begins in the heart and flows outward. When love of God is inscribed in our hearts, all of our actions will be authentically loving.

Since the heart is the source of all our actions, as the heart is, so are they.

Actions that do not flow from a loving heart, while they might be outwardly admirable, are hollow.

...a person considers herself very devout because she recites daily a multiplicity of prayers, although immediately afterwards she utters the most disagreeable, arrogant and injurious words in her home and among her neighbors. Still another draws alms out of his purse to give to the poor, but cannot draw meekness out of his heart to forgive his enemies. People such as these are commonly perceived as devout, when in fact, they are not.

St. Francis De Sales taught that a life of true devotion is authentic. True devotion comes from the heart. There is no conflict between the inside and the outside. Our spirituality permeates our whole being. Authenticity means that the love of God invades our soul, takes root there, grows, and bears fruit.

We find a model of authenticity in the life and ministry of Jesus. Wherever he went, Jesus attracted people because there was something trustworthy about him, something in his manner and message that touched people's hearts. His ministry reflected a deep and intimate relationship with his Father and was nourished by a life of prayer. Jesus lived his life from the inside out. It was precisely because of this congruity between Jesus' inside and Jesus' outside that he taught and spoke "with authority." People found Jesus to be not only informative; more importantly, they found him to be believable.

Authenticity for us means allowing the Word of God to enter our heart and transform us. A life of faith, love, and service in imitation of Jesus will be the fruit of that transformation. The Spirit will be able to work in and through us in ways that go far beyond our everyday expectations.

Integrity is another way to think of authenticity. Our spiritual life is not something extra, not something added onto our everyday lives. Our spiritual life is integrated into every part of our lives. Our actions give expression to the love that is in our hearts. We are called to be holy and authentic whatever our state in life. We need to *know* who we are and to *be* who we are.

Be who you are and be that well.

When we are authentic we are in right relationship with ourselves. There is integrity, wholeness and harmony among all of the parts of the complex universe within us. Our focus is sharpened because our motives and actions are pure and unambiguous. Being authentic—being real—with ourselves enables us to be authentic—to be real—with others. We can allow them to see who we truly are and to know who we truly are. We, in turn, are better able to see and accept others for who they really are.

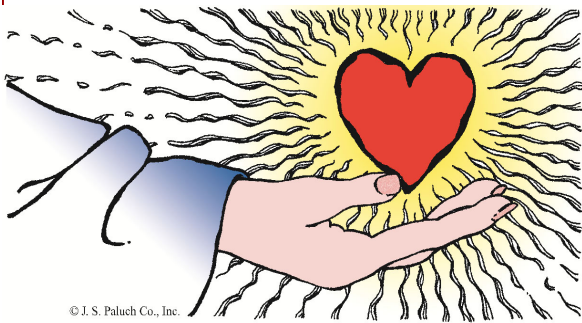
Ultimately, such authenticity, such honesty, such integrity allows us to accept the truth of who we are in the eyes of God. Accepting the truth of who we are better enables us, with God's grace, to accept the truth of who we might yet become.

The fruit of knowing and being authentic is inner harmony, inner peace.

Knights Show Love For Exceptional Children

Our Knights of Columbus raised tens of thousands of dollars for the classrooms of 73 exceptional children and teachers of area counties last year, and for Dare Special Olympics, through their Least Among My Brothers (LAMB) program. Grand Knight Leo Holland made the check presentations in the parish hall on January 25, where, in return, the Knights were lauded by these groups. Special Olympics Director Kathleen Morgan said, "Thank you for making lives better for people with intellectual disabilities." Dawn Edwards, director of Dare's Exceptional Children program, said, "You do freely, give freely, work freely for nameless students you have never met and do not even know." Holland acknowledged their thanks by saying, "The status quo is not good enough today to make tomorrow better." Our local Knights Council has donated more than \$368,000 to Currituck and Dare teachers and Special Olympics over the past 31 years.





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“I AM”

Kindness and mercy are what the enslaved people of Israel needed, and they came in the form of deliverance. They came through a leader, Moses, who was once plucked from the Nile River and was now herding his father-in-law's sheep in the land of Goshen. The bush that burned but was not consumed shows us that God is inexhaustible mystery.

Moses' awe and deference are mixed with a touching conversational tone as he seeks to learn God's name. And God sweetly responds. The somewhat abstract “I AM” distinguishes the God of Abraham and Isaac and Jacob from the minor gods in the territory who “are not.” They are helpless, powerless, and useless. Moses is to step out into an amazing future, and God will be there with outstretched arm. Just go and see, God seems to say.

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Holy Redeemer by the Sea Catholic Parish & Holy Trinity by the Sea Catholic Chapel

Business Directory next 2 pages

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CHARITY



INSTRUMENTS OF

God's Mercy

Disaster Relief

Catholic Charities, the largest single recipient of funds from the Bishop's Annual Appeal, coordinates the Disaster Preparedness and Recovery program that helps parishes, families and communities prepare for and recover from a disaster. This program positively affects people throughout our Diocese as was seen this past May when a tornado touched down in Bolton, NC. The tornado severely damaged a home where a family of seven resided, leaving them to live out of a camper trailer underneath a tarp. In the wake of this tragedy, Catholic Charities

was able to provide the family with items such as food and hygiene products.

They also provided the four children with clothing and school supplies. Currently, Catholic Charities is working to obtain the funds necessary for repairs on the family's trailer. Now, thanks to the support of the BAA, this family has a sense of hope that they will be able to rebuild their lives after such a tragic event.



Martin Luther King, Jr. Day Service Project

The Office of African Ancestry Ministry and Evangelization, which is partially funded through the Bishop's Annual Appeal, coordinated a service project in observance of the Dr. Martin Luther King, Jr. holiday. During this project, one and a half tons of clothing were collected for school-aged children and a total of 500 toiletry kits were assembled for the less fortunate and migrants in the area. In addition, volunteers wrote notes of encouragement to the imprisoned and homebound of our community. Over 125 people from all areas of our Diocese participated in this very worthy project, with clothing and toiletries being provided by St. John the Baptist in Roanoke Rapids, St. Michael in Cary, St. Raphael in Raleigh and St. Ann in Clayton.



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